

# Course Handicap Table

Colorado  
Frost Creek  
Men's - Copper

Course Rating™: 73.6 - Slope Rating®: 143 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+5	24.5 to 25.2	33
+4.8 to +4.1	+4	25.3 to 25.9	34
+4.0 to +3.3	+3	26.0 to 26.7	35
+3.2 to +2.5	+2	26.8 to 27.5	36
+2.4 to +1.7	+1	27.6 to 28.3	37
+1.6 to +0.9	0	28.4 to 29.1	38
+0.8 to +0.1	1	29.2 to 29.9	39
0.0 to 0.7	2	30.0 to 30.7	40
0.8 to 1.5	3	30.8 to 31.5	41
1.6 to 2.2	4	31.6 to 32.3	42
2.3 to 3.0	5	32.4 to 33.1	43
3.1 to 3.8	6	33.2 to 33.8	44
3.9 to 4.6	7	33.9 to 34.6	45
4.7 to 5.4	8	34.7 to 35.4	46
5.5 to 6.2	9	35.5 to 36.2	47
6.3 to 7.0	10	36.3 to 37.0	48
7.1 to 7.8	11	37.1 to 37.8	49
7.9 to 8.6	12	37.9 to 38.6	50
8.7 to 9.4	13	38.7 to 39.4	51
9.5 to 10.1	14	39.5 to 40.2	52
10.2 to 10.9	15	40.3 to 41.0	53
11.0 to 11.7	16	41.1 to 41.8	54
11.8 to 12.5	17	41.9 to 42.5	55
12.6 to 13.3	18	42.6 to 43.3	56
13.4 to 14.1	19	43.4 to 44.1	57
14.2 to 14.9	20	44.2 to 44.9	58
15.0 to 15.7	21	45.0 to 45.7	59
15.8 to 16.5	22	45.8 to 46.5	60
16.6 to 17.3	23	46.6 to 47.3	61
17.4 to 18.0	24	47.4 to 48.1	62
18.1 to 18.8	25	48.2 to 48.9	63
18.9 to 19.6	26	49.0 to 49.7	64
19.7 to 20.4	27	49.8 to 50.4	65
20.5 to 21.2	28	50.5 to 51.2	66
21.3 to 22.0	29	51.3 to 52.0	67
22.1 to 22.8	30	52.1 to 52.8	68
22.9 to 23.6	31	52.9 to 53.6	69
23.7 to 24.4	32	53.7 to 54.0	70

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Men's - Blue

Course Rating™: 71.6 - Slope Rating®: 139 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+7	24.4 to 25.1	30
+4.9 to +4.2	+6	25.2 to 25.9	31
+4.1 to +3.4	+5	26.0 to 26.7	32
+3.3 to +2.6	+4	26.8 to 27.5	33
+2.5 to +1.8	+3	27.6 to 28.3	34
+1.7 to +0.9	+2	28.4 to 29.1	35
+0.8 to +0.1	+1	29.2 to 29.9	36
0.0 to 0.7	0	30.0 to 30.8	37
0.8 to 1.5	1	30.9 to 31.6	38
1.6 to 2.3	2	31.7 to 32.4	39
2.4 to 3.1	3	32.5 to 33.2	40
3.2 to 3.9	4	33.3 to 34.0	41
4.0 to 4.7	5	34.1 to 34.8	42
4.8 to 5.6	6	34.9 to 35.6	43
5.7 to 6.4	7	35.7 to 36.5	44
6.5 to 7.2	8	36.6 to 37.3	45
7.3 to 8.0	9	37.4 to 38.1	46
8.1 to 8.8	10	38.2 to 38.9	47
8.9 to 9.6	11	39.0 to 39.7	48
9.7 to 10.4	12	39.8 to 40.5	49
10.5 to 11.2	13	40.6 to 41.3	50
11.3 to 12.1	14	41.4 to 42.1	51
12.2 to 12.9	15	42.2 to 43.0	52
13.0 to 13.7	16	43.1 to 43.8	53
13.8 to 14.5	17	43.9 to 44.6	54
14.6 to 15.3	18	44.7 to 45.4	55
15.4 to 16.1	19	45.5 to 46.2	56
16.2 to 16.9	20	46.3 to 47.0	57
17.0 to 17.8	21	47.1 to 47.8	58
17.9 to 18.6	22	47.9 to 48.6	59
18.7 to 19.4	23	48.7 to 49.5	60
19.5 to 20.2	24	49.6 to 50.3	61
20.3 to 21.0	25	50.4 to 51.1	62
21.1 to 21.8	26	51.2 to 51.9	63
21.9 to 22.6	27	52.0 to 52.7	64
22.7 to 23.4	28	52.8 to 53.5	65
23.5 to 24.3	29	53.6 to 54.0	66

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Men's - Blue/White

Course Rating™: 70.5 - Slope Rating®: 135 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.2	+7	24.3 to 25.1	28
+4.1 to +3.4	+6	25.2 to 25.9	29
+3.3 to +2.6	+5	26.0 to 26.7	30
+2.5 to +1.7	+4	26.8 to 27.6	31
+1.6 to +0.9	+3	27.7 to 28.4	32
+0.8 to +0.1	+2	28.5 to 29.2	33
0.0 to 0.8	+1	29.3 to 30.1	34
0.9 to 1.6	0	30.2 to 30.9	35
1.7 to 2.5	1	31.0 to 31.8	36
2.6 to 3.3	2	31.9 to 32.6	37
3.4 to 4.1	3	32.7 to 33.4	38
4.2 to 5.0	4	33.5 to 34.3	39
5.1 to 5.8	5	34.4 to 35.1	40
5.9 to 6.6	6	35.2 to 35.9	41
6.7 to 7.5	7	36.0 to 36.8	42
7.6 to 8.3	8	36.9 to 37.6	43
8.4 to 9.2	9	37.7 to 38.5	44
9.3 to 10.0	10	38.6 to 39.3	45
10.1 to 10.8	11	39.4 to 40.1	46
10.9 to 11.7	12	40.2 to 41.0	47
11.8 to 12.5	13	41.1 to 41.8	48
12.6 to 13.3	14	41.9 to 42.6	49
13.4 to 14.2	15	42.7 to 43.5	50
14.3 to 15.0	16	43.6 to 44.3	51
15.1 to 15.9	17	44.4 to 45.1	52
16.0 to 16.7	18	45.2 to 46.0	53
16.8 to 17.5	19	46.1 to 46.8	54
17.6 to 18.4	20	46.9 to 47.7	55
18.5 to 19.2	21	47.8 to 48.5	56
19.3 to 20.0	22	48.6 to 49.3	57
20.1 to 20.9	23	49.4 to 50.2	58
21.0 to 21.7	24	50.3 to 51.0	59
21.8 to 22.5	25	51.1 to 51.8	60
22.6 to 23.4	26	51.9 to 52.7	61
23.5 to 24.2	27	52.8 to 53.5	62
		53.6 to 54.0	63

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Men's - White

Course Rating™: 69.7 - Slope Rating®: 132 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+8	24.7 to 25.5	27
+4.4 to +3.6	+7	25.6 to 26.3	28
+3.5 to +2.8	+6	26.4 to 27.2	29
+2.7 to +1.9	+5	27.3 to 28.0	30
+1.8 to +1.1	+4	28.1 to 28.9	31
+1.0 to +0.2	+3	29.0 to 29.7	32
+0.1 to 0.6	+2	29.8 to 30.6	33
0.7 to 1.5	+1	30.7 to 31.5	34
1.6 to 2.3	0	31.6 to 32.3	35
2.4 to 3.2	1	32.4 to 33.2	36
3.3 to 4.1	2	33.3 to 34.0	37
4.2 to 4.9	3	34.1 to 34.9	38
5.0 to 5.8	4	35.0 to 35.7	39
5.9 to 6.6	5	35.8 to 36.6	40
6.7 to 7.5	6	36.7 to 37.4	41
7.6 to 8.3	7	37.5 to 38.3	42
8.4 to 9.2	8	38.4 to 39.2	43
9.3 to 10.1	9	39.3 to 40.0	44
10.2 to 10.9	10	40.1 to 40.9	45
11.0 to 11.8	11	41.0 to 41.7	46
11.9 to 12.6	12	41.8 to 42.6	47
12.7 to 13.5	13	42.7 to 43.4	48
13.6 to 14.3	14	43.5 to 44.3	49
14.4 to 15.2	15	44.4 to 45.1	50
15.3 to 16.0	16	45.2 to 46.0	51
16.1 to 16.9	17	46.1 to 46.9	52
17.0 to 17.8	18	47.0 to 47.7	53
17.9 to 18.6	19	47.8 to 48.6	54
18.7 to 19.5	20	48.7 to 49.4	55
19.6 to 20.3	21	49.5 to 50.3	56
20.4 to 21.2	22	50.4 to 51.1	57
21.3 to 22.0	23	51.2 to 52.0	58
22.1 to 22.9	24	52.1 to 52.9	59
23.0 to 23.7	25	53.0 to 53.7	60
23.8 to 24.6	26	53.8 to 54.0	61

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
 Frost Creek  
 Men's - White/Gold

Course Rating™: 68.0 - Slope Rating®: 127 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+10	24.5 to 25.3	24
+4.8 to +4.1	+9	25.4 to 26.2	25
+4.0 to +3.2	+8	26.3 to 27.1	26
+3.1 to +2.3	+7	27.2 to 28.0	27
+2.2 to +1.4	+6	28.1 to 28.9	28
+1.3 to +0.5	+5	29.0 to 29.8	29
+0.4 to 0.4	+4	29.9 to 30.6	30
0.5 to 1.3	+3	30.7 to 31.5	31
1.4 to 2.2	+2	31.6 to 32.4	32
2.3 to 3.1	+1	32.5 to 33.3	33
3.2 to 4.0	0	33.4 to 34.2	34
4.1 to 4.8	1	34.3 to 35.1	35
4.9 to 5.7	2	35.2 to 36.0	36
5.8 to 6.6	3	36.1 to 36.9	37
6.7 to 7.5	4	37.0 to 37.8	38
7.6 to 8.4	5	37.9 to 38.7	39
8.5 to 9.3	6	38.8 to 39.5	40
9.4 to 10.2	7	39.6 to 40.4	41
10.3 to 11.1	8	40.5 to 41.3	42
11.2 to 12.0	9	41.4 to 42.2	43
12.1 to 12.9	10	42.3 to 43.1	44
13.0 to 13.7	11	43.2 to 44.0	45
13.8 to 14.6	12	44.1 to 44.9	46
14.7 to 15.5	13	45.0 to 45.8	47
15.6 to 16.4	14	45.9 to 46.7	48
16.5 to 17.3	15	46.8 to 47.6	49
17.4 to 18.2	16	47.7 to 48.4	50
18.3 to 19.1	17	48.5 to 49.3	51
19.2 to 20.0	18	49.4 to 50.2	52
20.1 to 20.9	19	50.3 to 51.1	53
21.0 to 21.7	20	51.2 to 52.0	54
21.8 to 22.6	21	52.1 to 52.9	55
22.7 to 23.5	22	53.0 to 53.8	56
23.6 to 24.4	23	53.9 to 54.0	57

### INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Men's - Gold

Course Rating™: 67.2 - Slope Rating®: 120 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+10	24.8 to 25.7	22
+4.4 to +3.5	+9	25.8 to 26.6	23
+3.4 to +2.6	+8	26.7 to 27.5	24
+2.5 to +1.7	+7	27.6 to 28.5	25
+1.6 to +0.7	+6	28.6 to 29.4	26
+0.6 to 0.2	+5	29.5 to 30.4	27
0.3 to 1.2	+4	30.5 to 31.3	28
1.3 to 2.1	+3	31.4 to 32.2	29
2.2 to 3.1	+2	32.3 to 33.2	30
3.2 to 4.0	+1	33.3 to 34.1	31
4.1 to 4.9	0	34.2 to 35.1	32
5.0 to 5.9	1	35.2 to 36.0	33
6.0 to 6.8	2	36.1 to 37.0	34
6.9 to 7.8	3	37.1 to 37.9	35
7.9 to 8.7	4	38.0 to 38.8	36
8.8 to 9.6	5	38.9 to 39.8	37
9.7 to 10.6	6	39.9 to 40.7	38
10.7 to 11.5	7	40.8 to 41.7	39
11.6 to 12.5	8	41.8 to 42.6	40
12.6 to 13.4	9	42.7 to 43.5	41
13.5 to 14.4	10	43.6 to 44.5	42
14.5 to 15.3	11	44.6 to 45.4	43
15.4 to 16.2	12	45.5 to 46.4	44
16.3 to 17.2	13	46.5 to 47.3	45
17.3 to 18.1	14	47.4 to 48.3	46
18.2 to 19.1	15	48.4 to 49.2	47
19.2 to 20.0	16	49.3 to 50.1	48
20.1 to 20.9	17	50.2 to 51.1	49
21.0 to 21.9	18	51.2 to 52.0	50
22.0 to 22.8	19	52.1 to 53.0	51
22.9 to 23.8	20	53.1 to 53.9	52
23.9 to 24.7	21	54.0 to 54.0	53

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Men's - Silver

Course Rating™: 64.1 - Slope Rating®: 112 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+13	24.7 to 25.6	17
+4.6 to +3.7	+12	25.7 to 26.6	18
+3.6 to +2.7	+11	26.7 to 27.6	19
+2.6 to +1.7	+10	27.7 to 28.6	20
+1.6 to +0.7	+9	28.7 to 29.6	21
+0.6 to 0.4	+8	29.7 to 30.6	22
0.5 to 1.4	+7	30.7 to 31.6	23
1.5 to 2.4	+6	31.7 to 32.6	24
2.5 to 3.4	+5	32.7 to 33.6	25
3.5 to 4.4	+4	33.7 to 34.7	26
4.5 to 5.4	+3	34.8 to 35.7	27
5.5 to 6.4	+2	35.8 to 36.7	28
6.5 to 7.4	+1	36.8 to 37.7	29
7.5 to 8.4	0	37.8 to 38.7	30
8.5 to 9.4	1	38.8 to 39.7	31
9.5 to 10.4	2	39.8 to 40.7	32
10.5 to 11.5	3	40.8 to 41.7	33
11.6 to 12.5	4	41.8 to 42.7	34
12.6 to 13.5	5	42.8 to 43.7	35
13.6 to 14.5	6	43.8 to 44.7	36
14.6 to 15.5	7	44.8 to 45.8	37
15.6 to 16.5	8	45.9 to 46.8	38
16.6 to 17.5	9	46.9 to 47.8	39
17.6 to 18.5	10	47.9 to 48.8	40
18.6 to 19.5	11	48.9 to 49.8	41
19.6 to 20.5	12	49.9 to 50.8	42
20.6 to 21.5	13	50.9 to 51.8	43
21.6 to 22.5	14	51.9 to 52.8	44
22.6 to 23.6	15	52.9 to 53.8	45
23.7 to 24.6	16	53.9 to 54.0	46

### INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Women's - White

Course Rating™: 76.0 - Slope Rating®: 151 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+3	24.4 to 25.0	37
+4.8 to +4.2	+2	25.1 to 25.8	38
+4.1 to +3.4	+1	25.9 to 26.5	39
+3.3 to +2.7	0	26.6 to 27.3	40
+2.6 to +1.9	1	27.4 to 28.0	41
+1.8 to +1.2	2	28.1 to 28.8	42
+1.1 to +0.4	3	28.9 to 29.5	43
+0.3 to 0.3	4	29.6 to 30.3	44
0.4 to 1.1	5	30.4 to 31.0	45
1.2 to 1.8	6	31.1 to 31.8	46
1.9 to 2.6	7	31.9 to 32.5	47
2.7 to 3.3	8	32.6 to 33.3	48
3.4 to 4.1	9	33.4 to 34.0	49
4.2 to 4.8	10	34.1 to 34.7	50
4.9 to 5.6	11	34.8 to 35.5	51
5.7 to 6.3	12	35.6 to 36.2	52
6.4 to 7.1	13	36.3 to 37.0	53
7.2 to 7.8	14	37.1 to 37.7	54
7.9 to 8.6	15	37.8 to 38.5	55
8.7 to 9.3	16	38.6 to 39.2	56
9.4 to 10.1	17	39.3 to 40.0	57
10.2 to 10.8	18	40.1 to 40.7	58
10.9 to 11.5	19	40.8 to 41.5	59
11.6 to 12.3	20	41.6 to 42.2	60
12.4 to 13.0	21	42.3 to 43.0	61
13.1 to 13.8	22	43.1 to 43.7	62
13.9 to 14.5	23	43.8 to 44.5	63
14.6 to 15.3	24	44.6 to 45.2	64
15.4 to 16.0	25	45.3 to 46.0	65
16.1 to 16.8	26	46.1 to 46.7	66
16.9 to 17.5	27	46.8 to 47.5	67
17.6 to 18.3	28	47.6 to 48.2	68
18.4 to 19.0	29	48.3 to 49.0	69
19.1 to 19.8	30	49.1 to 49.7	70
19.9 to 20.5	31	49.8 to 50.5	71
20.6 to 21.3	32	50.6 to 51.2	72
21.4 to 22.0	33	51.3 to 52.0	73
22.1 to 22.8	34	52.1 to 52.7	74
22.9 to 23.5	35	52.8 to 53.5	75
23.6 to 24.3	36	53.6 to 54.0	76

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.



# Course Handicap Table

Colorado  
 Frost Creek

Women's - White/Gold

Course Rating™: 73.7 - Slope Rating®: 146 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+5	23.9 to 24.6	33
+4.7 to +4.1	+4	24.7 to 25.3	34
+4.0 to +3.3	+3	25.4 to 26.1	35
+3.2 to +2.5	+2	26.2 to 26.9	36
+2.4 to +1.8	+1	27.0 to 27.7	37
+1.7 to +1.0	0	27.8 to 28.4	38
+0.9 to +0.2	1	28.5 to 29.2	39
+0.1 to 0.6	2	29.3 to 30.0	40
0.7 to 1.3	3	30.1 to 30.8	41
1.4 to 2.1	4	30.9 to 31.5	42
2.2 to 2.9	5	31.6 to 32.3	43
3.0 to 3.7	6	32.4 to 33.1	44
3.8 to 4.4	7	33.2 to 33.8	45
4.5 to 5.2	8	33.9 to 34.6	46
5.3 to 6.0	9	34.7 to 35.4	47
6.1 to 6.8	10	35.5 to 36.2	48
6.9 to 7.5	11	36.3 to 36.9	49
7.6 to 8.3	12	37.0 to 37.7	50
8.4 to 9.1	13	37.8 to 38.5	51
9.2 to 9.9	14	38.6 to 39.3	52
10.0 to 10.6	15	39.4 to 40.0	53
10.7 to 11.4	16	40.1 to 40.8	54
11.5 to 12.2	17	40.9 to 41.6	55
12.3 to 13.0	18	41.7 to 42.4	56
13.1 to 13.7	19	42.5 to 43.1	57
13.8 to 14.5	20	43.2 to 43.9	58
14.6 to 15.3	21	44.0 to 44.7	59
15.4 to 16.0	22	44.8 to 45.5	60
16.1 to 16.8	23	45.6 to 46.2	61
16.9 to 17.6	24	46.3 to 47.0	62
17.7 to 18.4	25	47.1 to 47.8	63
18.5 to 19.1	26	47.9 to 48.6	64
19.2 to 19.9	27	48.7 to 49.3	65
20.0 to 20.7	28	49.4 to 50.1	66
20.8 to 21.5	29	50.2 to 50.9	67
21.6 to 22.2	30	51.0 to 51.7	68
22.3 to 23.0	31	51.8 to 52.4	69
23.1 to 23.8	32	52.5 to 53.2	70
		53.3 to 54.0	71

INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Women's - Gold

Course Rating™: 72.5 - Slope Rating®: 143 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+6	24.5 to 25.2	32
+4.7 to +4.0	+5	25.3 to 26.0	33
+3.9 to +3.2	+4	26.1 to 26.8	34
+3.1 to +2.4	+3	26.9 to 27.6	35
+2.3 to +1.6	+2	27.7 to 28.4	36
+1.5 to +0.8	+1	28.5 to 29.2	37
+0.7 to +0.1	0	29.3 to 30.0	38
0.0 to 0.7	1	30.1 to 30.8	39
0.8 to 1.5	2	30.9 to 31.6	40
1.6 to 2.3	3	31.7 to 32.3	41
2.4 to 3.1	4	32.4 to 33.1	42
3.2 to 3.9	5	33.2 to 33.9	43
4.0 to 4.7	6	34.0 to 34.7	44
4.8 to 5.5	7	34.8 to 35.5	45
5.6 to 6.3	8	35.6 to 36.3	46
6.4 to 7.1	9	36.4 to 37.1	47
7.2 to 7.9	10	37.2 to 37.9	48
8.0 to 8.6	11	38.0 to 38.7	49
8.7 to 9.4	12	38.8 to 39.5	50
9.5 to 10.2	13	39.6 to 40.3	51
10.3 to 11.0	14	40.4 to 41.0	52
11.1 to 11.8	15	41.1 to 41.8	53
11.9 to 12.6	16	41.9 to 42.6	54
12.7 to 13.4	17	42.7 to 43.4	55
13.5 to 14.2	18	43.5 to 44.2	56
14.3 to 15.0	19	44.3 to 45.0	57
15.1 to 15.8	20	45.1 to 45.8	58
15.9 to 16.5	21	45.9 to 46.6	59
16.6 to 17.3	22	46.7 to 47.4	60
17.4 to 18.1	23	47.5 to 48.2	61
18.2 to 18.9	24	48.3 to 48.9	62
19.0 to 19.7	25	49.0 to 49.7	63
19.8 to 20.5	26	49.8 to 50.5	64
20.6 to 21.3	27	50.6 to 51.3	65
21.4 to 22.1	28	51.4 to 52.1	66
22.2 to 22.9	29	52.2 to 52.9	67
23.0 to 23.7	30	53.0 to 53.7	68
23.8 to 24.4	31	53.8 to 54.0	69

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek

Women's - Silver/Gold

Course Rating™: 70.2 - Slope Rating®: 139 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+8	24.7 to 25.4	29
+4.6 to +3.9	+7	25.5 to 26.2	30
+3.8 to +3.1	+6	26.3 to 27.0	31
+3.0 to +2.2	+5	27.1 to 27.8	32
+2.1 to +1.4	+4	27.9 to 28.6	33
+1.3 to +0.6	+3	28.7 to 29.5	34
+0.5 to 0.2	+2	29.6 to 30.3	35
0.3 to 1.0	+1	30.4 to 31.1	36
1.1 to 1.8	0	31.2 to 31.9	37
1.9 to 2.6	1	32.0 to 32.7	38
2.7 to 3.4	2	32.8 to 33.5	39
3.5 to 4.3	3	33.6 to 34.3	40
4.4 to 5.1	4	34.4 to 35.2	41
5.2 to 5.9	5	35.3 to 36.0	42
6.0 to 6.7	6	36.1 to 36.8	43
6.8 to 7.5	7	36.9 to 37.6	44
7.6 to 8.3	8	37.7 to 38.4	45
8.4 to 9.1	9	38.5 to 39.2	46
9.2 to 9.9	10	39.3 to 40.0	47
10.0 to 10.8	11	40.1 to 40.8	48
10.9 to 11.6	12	40.9 to 41.7	49
11.7 to 12.4	13	41.8 to 42.5	50
12.5 to 13.2	14	42.6 to 43.3	51
13.3 to 14.0	15	43.4 to 44.1	52
14.1 to 14.8	16	44.2 to 44.9	53
14.9 to 15.6	17	45.0 to 45.7	54
15.7 to 16.5	18	45.8 to 46.5	55
16.6 to 17.3	19	46.6 to 47.3	56
17.4 to 18.1	20	47.4 to 48.2	57
18.2 to 18.9	21	48.3 to 49.0	58
19.0 to 19.7	22	49.1 to 49.8	59
19.8 to 20.5	23	49.9 to 50.6	60
20.6 to 21.3	24	50.7 to 51.4	61
21.4 to 22.1	25	51.5 to 52.2	62
22.2 to 23.0	26	52.3 to 53.0	63
23.1 to 23.8	27	53.1 to 53.8	64
23.9 to 24.6	28	53.9 to 54.0	65

### INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

# Course Handicap Table

Colorado  
Frost Creek  
Women's - Silver

Course Rating™: 69.2 - Slope Rating®: 131 - Par: 72

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+9	24.5 to 25.2	26
+4.9 to +4.1	+8	25.3 to 26.1	27
+4.0 to +3.2	+7	26.2 to 26.9	28
+3.1 to +2.4	+6	27.0 to 27.8	29
+2.3 to +1.5	+5	27.9 to 28.7	30
+1.4 to +0.7	+4	28.8 to 29.5	31
+0.6 to 0.2	+3	29.6 to 30.4	32
0.3 to 1.1	+2	30.5 to 31.3	33
1.2 to 1.9	+1	31.4 to 32.1	34
2.0 to 2.8	0	32.2 to 33.0	35
2.9 to 3.7	1	33.1 to 33.8	36
3.8 to 4.5	2	33.9 to 34.7	37
4.6 to 5.4	3	34.8 to 35.6	38
5.5 to 6.2	4	35.7 to 36.4	39
6.3 to 7.1	5	36.5 to 37.3	40
7.2 to 8.0	6	37.4 to 38.2	41
8.1 to 8.8	7	38.3 to 39.0	42
8.9 to 9.7	8	39.1 to 39.9	43
9.8 to 10.6	9	40.0 to 40.8	44
10.7 to 11.4	10	40.9 to 41.6	45
11.5 to 12.3	11	41.7 to 42.5	46
12.4 to 13.1	12	42.6 to 43.3	47
13.2 to 14.0	13	43.4 to 44.2	48
14.1 to 14.9	14	44.3 to 45.1	49
15.0 to 15.7	15	45.2 to 45.9	50
15.8 to 16.6	16	46.0 to 46.8	51
16.7 to 17.5	17	46.9 to 47.7	52
17.6 to 18.3	18	47.8 to 48.5	53
18.4 to 19.2	19	48.6 to 49.4	54
19.3 to 20.0	20	49.5 to 50.2	55
20.1 to 20.9	21	50.3 to 51.1	56
21.0 to 21.8	22	51.2 to 52.0	57
21.9 to 22.6	23	52.1 to 52.8	58
22.7 to 23.5	24	52.9 to 53.7	59
23.6 to 24.4	25	53.8 to 54.0	60

## INSTRUCTIONS

\* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

\* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.